



## **Healthy Native Communities Fellowship Program**

The Healthy Native Communities Fellowship is designed to recruit teams of committed leaders who wish to deepen their ability to promote health in Native communities. The program will strengthen teams (Indian Health Service and Tribal and Urban Indian health workers, traditional and non-traditional community leaders) who have demonstrated their commitment to work together towards community change and wellness. Hands-on and highly collaborative in nature, the Fellowship brings participants together in multiple ways:

- Community Fellow Retreats: Four week-long gatherings for teams January through September.
- Optional Meetings: Site visits and educational opportunities during the year.
- Online Learning Community: Fellows connect via the Internet for online discussion, a resource library, and networking with peers and faculty.
- Peer-coaching: Fellows trained provide coaching and support during program.

### **THE TEAM APPROACH:**

Creating healthy communities is a complex, difficult and collective undertaking that requires strong relationships and teams of committed individuals who have the skills to work together to make a real difference. Community problems cannot be solved by individuals working alone. The Fellowship teams approach is to ensure that fellows have a strong team base when they return home. This provides Fellows with support to try new skills, apply new approaches and coach each other during the year and beyond.

### **IF YOU WANT TO:**

- help your community realize their vision of health and wellness
- mobilize your community for change
- energize and deepen your leadership skills
- create effective teams and coalitions to improve community health

### **THEN THE HEALTHY NATIVE COMMUNITY FELLOWSHIP IS FOR YOU!**

Healthy Community Action Learning Process is a key to the program. Fellowship teams will put into action their ideas for enhancing community health and well-being, and draw on the experience of faculty and staff to advance their progress. Fellows will train community members and groups in new skills.

### **WE ARE LOOKING FOR TEAM MEMBERS WHO WILL:**

- Commit one year to attend all Fellowship events and apply skills and knowledge learned from the Fellowship back home in an action learning process;
- Demonstrate evidence of personal commitment to improve the health of the whole community, not just the clients served by their particular organization;
- Collaborate as part of a team or community group that is working together with tribal members across organizational boundaries to address broad community problems;
- Have access to a computer, printer and Internet and have basic computer literacy;
- Allow six hours per week to work on broad community health improvement activities under the auspices of the Fellowship;
- Ability to attend Fellowship retreats, conference calls and other activities;
- Intend to work across organizational boundaries to support community change efforts of the Fellowship team and the community group.

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